



"The Rangers Charity Foundation as it is today could not exist without everyone pulling together for the greater good."

Connal Cochrane, Manager of Rangers Charity Foundation

### Welcome

The charitable spirit of the Rangers Family really is something to behold. Whilst football will always come first, charity activity and its ability to reach out the hand of friendship and support to others really is very much part of the brickwork at Ibrox - the Rangers Charity Foundation is proud to play such an important role on behalf of the Rangers Family.

During 2013/14 the success of our work is a testament to the close and growing relationship we enjoy with our supporters. It was heartening to see this reflected in a fan engagement survey conducted by the Club in which community/charity work was so highly rated. The Rangers Charity Foundation as it is today could not exist without everyone pulling together for the greater good.

As you read about some of the highlights and statistics for our "charity" season I hope you will share in our pride in being able to make a difference to so many people and in our determination to maintain the ethos and strengths for which we have become known.

Many thanks for your support and I hope to see you soon.

Connal

Connal Cochrane Manager Rangers Charity Foundation

### **3,000** MATCH TICKETS DONATED THIS SEASON

### 2000 + REQUESTS FOR HELP RECEIVED EACH SEASON

### Adding Life To Days

The Prince & Princess of Wales Hospice wants to make sure every one of its patients achieve the best quality of life possible in whatever time remains for them. Whilst the Hospice cannot add days to lives, the charity's amazing staff aim to add life to days.

Over the last two years the Foundation has supported the Hospice as our Community Charity Partner in its bid to create a fantastic new palliative care facility for the people of Glasgow. The new hospice will be a gold standard facility for the gold standard care the Hospice delivers and we are proud to have donated £75,000 and counting towards our target of £100,000 for this project.

#### A Place of Support

Rangers fan Emily McKechnie sums up what a special place the Hospice is to her and how much help the staff have given her in her battle with ovarian cancer.

"There is a great spirit and atmosphere in the Hospice, it is a very special place to me. I don't know where I would be otherwise, probably sitting at home miserable and feeling sorry for myself. The staff at the Hospice are only a phone call away. I have a counsellor Tracey who is amazing. I know no matter how bad I am feeling I can phone Tracey. She is there if I need to talk. Sometimes you really need to talk to someone who is not family or a friend, someone who is not so emotionally involved. My nurse Barbara has also been my rock since my diagnosis and we've built a very strong bond. I don't think of her as a nurse, she is more like a friend. Barbara has been incredible, I don't know how we would have coped without her."

> Left: Emily McKechnie in the Trophy Room at Ibrox Stadium.

# **Changing Attitudes**

Did you know that 93% of children with a learning disability are bullied and one in four children with a learning disability are physically assaulted? According to statistics from our National Charity Partner ENABLE Scotland, only a third of people with learning disabilities are able to name at least one close friend and 75% of people with learning disabilities are not in employment or training.

ENABLE want to change these shocking statistics and our donation will help them to bring some friendship, confidence and fun to the children they support by funding vital after school projects as well as ENABLE's 'Inspire Me' workshops designed to enhance the employment skills of young people with a learning disability.

As with all our charity partners, our relationship goes beyond our cash donation. In addition to our £30,000 of funding, we have spread ENABLE's campaigning messages and got hands-on with their work by bringing young people to Ibrox for a career workshop.

#### **Achieving Potential**

Ross MacMillan is a fantastic example of what young people with learning disabilities can achieve with the right support and encouragement. Ross has high functioning autism which is a lifelong developmental disability. He took part in the Foundation's charity matches on the pitch this season and was particularly pleased to be raising money for ENABLE.

"ENABLE has played their part in helping me develop and grow in confidence. I am now part of the Scotland U19 Learning Disability team and was part of the home nations winning squad of 2012-13. I have also managed to secure 7 Credit Standard Grades at school and I am now a sponsored Engineering student with Scottish Power. My schools and ENABLE have really helped me on this path and I have a lot to be thankful for."

> Above: Ross MacMillan Left: The ENABLE launch.

2.6

FOUNDATION STAFF

MEMBERS

Left: Four year old Ysabel and her mother Grace.

## **One In A Million**

Immunisation saves up to 3 million children every year but nearly one in five infants – 22.6 million children – missed out in 2012 on the basic vaccines they need to stay healthy. The poorest, most vulnerable children who need immunisation the most continue to be the least likely to get it.

UNICEF and the Rangers Charity Foundation are working to change these numbers as almost one third of deaths among children under 5 are preventable by vaccine.

We have donated £150,000 over the last 18 months to our 'One In A Million' immunisation project with UNICEF, which aims to pay for one million vaccines by 2015. We believe every child is precious and one in a million, deserving a happy and healthy future. Thanks to our supporters, we are helping to make the world a safer place for our children.

#### Protecting the World's Children

Four year old Ysabel and her mother Grace survived the devastation of Typhoon Haiyan which affected 14 million people in the Philippines, nearly 6 million of which were children.

In the aftermath of the disaster UNICEF launched a vaccination campaign with the World Health Organisation and partners to target 33,000 children in Tacloban to prevent the outbreak of diseases.

Ysabel was vaccinated against measles, like many other children from her neighbourhood, during the second day of the vaccination campaign in Barangay – a move which may well save her life.

Thousands of other children are not so lucky and the Foundation and UNICEF want to make sure every child has access to life-saving vaccinations.

**32,000 FOUNDATION** FACEBOOK FOLLOWERS TO DATE AND GROWING



ABOUT MENTAL HEALTH

*Right: Launching our partnership with SAMH at Ibrox.* 

## Let's Talk About Mental Health!

Every year one in four people in Scotland will experience a mental health problem and every day in Scotland two people die by suicide. The Scottish Association for Mental Health (SAMH) is working every day to change this, and with the support of the Rangers Charity Foundation hopes to raise awareness of mental health issues across the country.

Together we want to encourage people to open up and talk about their mental health and tackle the stigma associated with mental health conditions. Our campaigning partnership will spread SAMH's vital messages about looking after mental health – as well as where to go for help when someone is struggling to cope.

#### Two Too Many

Rangers Striker Jon Daly has backed our campaign to tackle the taboo that surrounds discussing mental health issues and help end the shocking statistic that every day two people in Scotland will die by suicide. Jon commented:

"Mental health isn't always visible to those around us and it's not always the easiest topic of conversation between family and friends. It is so important to do what we can to have good mental health and to support those who may be experiencing a mental health problem. The effects of suicide on those left behind must be heart-breaking and for those no longer with us – simply a tragic loss. Our work with SAMH aims to encourage people to talk more and help prevent suicide in Scotland."

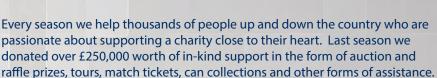
### **Fans Forces Fund**

The respect and support shown to our veterans and the men and women of our armed forces from Rangers fans is second to none. This season, to celebrate this enduring relationship, the Foundation announced a new initiative to support a range of charities which assist veterans and serving personnel – the Fans Forces Fund.

Supporters nominated and voted for their favourite services-related charities and Erskine and SSAFA won the vote to share a £15,000 donation towards their work.

**200K** MINIMUM NUMBER OF PEOPLE **REACHED** WITH SAMH'S VITAL MESSAGES ON MENTAL HEALTH

### **Communities 5,622 STADIUM TOURS DONATED**



Supporting Our

Providing committed local fundraisers with support is an important part of our in-kind work but we also donate kit to grassroots football projects and overseas initiatives and match tickets and Stadium tours to organisations working with some of Scotland's most vulnerable children and adults. One simple act of kindness can have a huge effect on the lives of the people we support!

#### A Chink of Sunshine

Jay Prosser, a support worker with the Bethany Christian Trust who works with individuals struggling with homelessness, addiction and mental health issues, brought a group to Ibrox with tickets donated by the Foundation. He commented,

"It is always a pure joy to see these men and women smiling and enjoying a chink of sunshine in what can be at times an otherwise dark and dreary life. The group of men we took to the game had a wonderful day. One man in particular, a life-long Rangers fan who had never been to Ibrox, was completely engrossed in the atmosphere and match day experience and has not stopped talking about it since to everyone and anyone that will listen."

Below Right: Erskine Residents during their visit to Ibrox.

Below Left: Lee McCulloch visiting children in Yorkhill.

# The Smiles Say It All!

One of the best days in the Rangers Charity Foundation calendar is undoubtedly our Dream Day, which is guaranteed to bring a smile to the faces of our special guests!

Twice a season, Ally McCoist invites the Foundation to bring a group into Rangers exclusive training ground to meet the entire first team, enjoy a behind-the-scenes tour of the facility and watch Ally put the squad through their paces.

Guests, who are generally nominated by their family and friends and are in need of a boost owing to an illness, disability or recent difficult experience, then travel to Ibrox for lunch and a tour of the world-famous Stadium. It truly is a Dream Day to remember!

#### The Best Day of My Life!

We couldn't put it better than our recent Dream Day guest Ryan Sommerville:

"To see the kids' faces and the joy they got out of the day was a totally humbling experience."

Callum Rowley added,

"I've had the best day of my life meeting my hero Ally McCoist, he is a true Rangers Legend, thank you so much to everyone!"



Above: 300 Mile Cycle

Right: Ally McCoist and Dream Day guest at Ibrox Stadium.

Thanks to the Rangers Family for all your great support. SEASON 13/14



ERSKINE £7,500 £7,500

(RTHOR)

NGERS CHARITY FOUNDATION

Left: Celebrating our charity donations at the end of the Season

### **Be Part of The Team!**

Without the commitment of our volunteers, fundraisers, True Blue Heroes and supporters none of this amazing work would be possible. Each and every one of the individuals who contribute to the Foundation, from Rangers players backing our campaigns to fans throwing their loose change into our collection buckets on a matchday, contribute to our success and our ability to make a real difference to the world around us.

The Rangers Charity Foundation could not exist without everyone pulling together for the greater good and it makes us proud that fans are so engaged with our work. Thank you!!

#### NUMBER OF TRUE BLUE HEROES IN SEASON 13/14



### **Thank You!**

The Rangers Charity Foundation would like to thank all of our supporters, volunteers and fundraisers who together with staff and players help ensure that we continue to be a powerful force for good on behalf of the Rangers Family. We would also like to express our appreciation to the following individuals and organisations for their time, support and generosity during the 2013-2014 Season.

105 Signal Regiment Royal Artillery, A & S Scaffolding, Alison Walker, Andrew and Yvonne Devlin at Curtis Moore Group, Bentley Edinburgh, Bell Group UK, BT Sport, Clyde Business Travel, Elior, ENABLE Scotland, Hilton Glasgow, House of Fraser, James Mortimer, Janette Burnett, Ladbrokes, Mar Hall Hotel and Spa, OnTime Computer Services, Players and Staff at Rangers Football Club, Roslyn Hutchison, Sky Sports, SPD Print Solutions Ltd, Stewart Financial Management, The Army, The Prince & Princess of Wales Hospice, The RAF, The Royal Navy, SAMH, Shearer Candles, Stephen Scott of Scotrae Productions, Tom Millar, Turnberry Hotel, UNICEF, Willie Paterson.

## **Special Thanks**

Official sponsors L&S Litho and the Big Think Agency, and also Northern Marine Management Ltd for their consistent support and generosity during the season.

Left: Supporters complete The Edgewalk to raise money for Rangers Charity Foundation.

# £250k

VALUE OF IN-KIND DONATIONS IN SEASON 13/14



#### **Alexandra Brechin**

Thank you so much for your donation of an Ibrox Tour for my fundraising night in aid of Zaidi ya Dreams Children's Family in Nairobi, Kenya. This children's home cares for abused and abandoned babies and toddlers and your donation helped us raise £1559 towards baby Valentine's medical bills.

### Glen James Thomson, who took part in the charity matches at Ibrox

Such an amazing day! Loved every single second of it and very happy and proud as everyone who was involved should be with such a fantastic amount of money raised! Well done to everyone! Thanks again for the opportunity.

#### June Drysdale

A big thank you to the Rangers Charity Foundation for sending my husband Wullie a signed Rangers top from Ally McCoist and a letter also from the great man himself. Wullie has MND and is poorly at the moment - this kind gesture made him so happy, he now shows his t-shirt & letter to everyone who visits him. I cannot thank the Foundation enough.

#### Heather-Louise Hirshal

One of the best charities as they support Yorkhill Children's Hospital which saved my son's life so I'm proud to support the Rangers Charity Foundation!

#### **Julie Wales**

Fabulous charity. Connal, Linda, Gillian and Roslyn do a grand job. Love u guys loads. Keep up the good work x

#### Holly-Jade Johnston on the Rangers Charity Race Night

Thanks so much for a fab evening. We had a truly great time and Jon Daly is a gent, can't wait for the next one and I hope we can raise even more cash for great causes.



#### Kirsty Mair on the team visit to Yorkhill Hospital

Well done for taking time out and visiting all the sick children at Yorkhill Hospital, it was such an honour meeting the players. A massive thank you also for signing autographs for my wee boy. This is the 2nd year running we've met the players and it makes me so happy to see, not only my son, but all the kids smiling. You've definitely made a few kids happy this Christmas. Well done the boys in blue.

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