

TOTTENHAM HOTSPUR FOUNDATION EDUCATIONAL LEARNING PATHWAY



KEY STAGES 1, 2, 3, 4, FURTHER AND HIGHER EDUCATION

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CHIEF EXECUTIVE, TOTTENHAM HOTSPUR FOUNDATION
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GRANT CORNWELL MBE OUR LEARNING PATHWAY

I am hugely proud of the Tottenham Hotspur Foundation and its work as a charity that can help change people's lives.

Tottenham Hotspur Foundation has been a registered charity since 2006. It offers a diverse range of inclusive and innovative school based programmes. These programmes aim to tackle many of today's issues and engage local schools through interactive and alternative learning methods. We are in collaboration with schools to develop programmes and sessions which are tailored to the national curriculum and are mapped to students' needs.

Over the past four years, we have created **over 1,000,000** sporting opportunities for all sections of our community, developing projects that help tackle some of the country's most difficult and challenging social issues.

The Foundation works with a wide range of age groups from primary school children and their parents, to older people living in sheltered accommodation. However, young people are at the heart of everything we do with education and sport and, in particular, football, being the hook that encourages these young people towards our programmes.

We strongly believe that the Tottenham Hotspur Foundation provides a unique environment where young people can build their self-esteem and confidence, raise their aspirations, gain new skills and knowledge which helps improve their future education, training and employment opportunities.

Grant Cornwell MBE
Chief Executive Officer
Tottenham Hotspur Foundation

We offer an innovative and diverse learning environment for young people. We provide this through highly qualified staff within the education sector comprising of qualified teachers and mentors along with skilled and enthusiastic multi-sports coaches. These coaches have a wide range of qualifications and experience and have the use of Premier League facilities, high quality resources and the ability to offer stadium tours when relevant to the programmes to ensure learning is enjoyable and engaging.

Our coaches are:

- Approachable;
- Professional;
- Enthusiastic;
- CRB checked to enhanced level;
- Emergency first aid trained;
- Qualified in a variety of sports including football, boxing, basketball, trampolining, table tennis, tennis and badminton;
- Trained and experienced in working with vulnerable people, people with learning difficulties and those with physical disabilities; and
- Continually developed through CPD and training specific to their skills and needs.

We implement a thorough monitoring process to ensure the continued development of our programmes coaches and staff. Sessions are regularly quality assured by senior staff via spot checks and assessments to ensure the highest standard of delivery.

We are committed to providing inclusive activities and all programmes available are open to pupils of all abilities and from all communities. This philosophy means that we are continuously sharing best practice in inclusion with schools intending to take part in our programmes. We are keen to develop new programmes which are targeted and focused on individual pupils, in collaboration with our local schools. We are also able to specifically adapt our programmes to meet the needs and expectations of any individual pupil along with specific school needs.

- Over **6000** children pass through the Spurs Learning Zone every year.
- **900** young people have taken part in school based intervention programmes in the past year.
- **92%** of students who attended a writing programme felt more confident in class as a result of the intervention programme.
- Over **170** students from all Haringey Secondary Schools took part in Kick and Cook and showed a dramatic improvement in their knowledge of the five food groups and healthy lifestyles.
- **100%** of children involved in PPA improved their individual ABC's (agility, balance and coordination).



- **431** students participated in the Enterprise Academy programme and all achieved either full or part accreditation.
- **81%** of students who participated in a five week reading scheme moved up a sub-level with their reading ability.
- We provide **60** hours of physical activity a week through the PPA programme for local schools.
- **100%** of Children in Care attending a weekly study club, supported by us, have sustained good educational progress over the last two years.
- **88%** of students who participated in an intervention programme felt they were more engaged in schools and it was more fun delivered by one of our coaches.

PLANNING PREPARATION AND ASSESSMENT (PPA)

Our programme delivers high quality physical education sessions in schools, covering a variety of sports throughout the duration of the academic year to engage children and improve their social skills and increase their health and fitness. Sports include Football, Tag Rugby, Hockey, Basketball, Netball, Tennis, Cricket, Softball and Athletics with various themes included within these activities. In addition, we can offer out of hours learning clubs at lunchtime and/or before or after school. (see page 16)

SUPERSTARS

We provide interactive and applied sessions based on a variety of topics including, reading, writing, sportsmanship, transition, science and healthy living and primary enterprise. The sessions contribute to raising young people's self-esteem, confidence and educational aspirations. These activities ultimately improve the young people's awareness and development to overcome issues and worries when faced with life situations.

"It was a fantastic opportunity for children to take part in activities and engage in their well-being and healthy living skills. It also gave them a chance to take ownership of their behaviour and attitude towards learning in these sessions through earning minutes for their skills."

Deputy Head, North Haringay Primary School

GOLD

This programme level provides students with **26 hours** of interactive and applied sessions through the combination of healthy living, transition and practical sport.

KEY STAGES 1 AND 2 SCHOOL BASED PROGRAMMES

SILVER

This is a **20 hour** programme level where we provide 10 hours of engaging and specifically selected curriculum delivery and 10 hours of after school multi-sports sessions.

BRONZE

This **10 hour** programme level teaches young people specific topics linked directly to the curriculum.

The Superstars programmes can be tailored to the following curriculum delivery:

READING

Through this programme, we work to improve students' skills and change negative attitudes towards reading through interactive reading sessions. In line with the National Curriculum, participants read through a selected storybook and complete activities related to this book. This engages students with a text and encourages them to explore it further. The pupils are also encouraged to read books of their choice in their own time.



WRITING

This programme engages students who are reluctant to practice and enhance their writing skills. We have created four activities, which are mapped to the Literacy National Curriculum, and encourage students to develop their skills. Activities include writing a fact file about their favourite football player, creating an acrostic poem, writing a diary entry and a comic book story to demonstrate the wide range of writing styles.

"All of the pupils, especially the boys, now have more motivation and are willing to write whereas before they were reluctant to attempt any written work. I have seen that their self-confidence has also improved."

Zara Lee, Lead Learning Mentor – The Hyde Primary School

SPORTSMANSHIP

This theory and discussion based programme is targeted at children who display regular behavioural issues whilst participating in sport. By advocating fair play and respect for themselves and others we encourage them to display this positive behaviour in their daily routine both in and out of a sporting context. To reward and examine progress, students take part in a football session at the end of their lesson.

"Children have all been very positive about the courses offered and have been motivated to join in. One particular studented BESD child in Year 6, who usually displays challenging behaviour to unknown adults, attended every possible course and never demonstrated challenging behaviour during the sessions. If anything, he has been a star pupil due to these sessions."

Nicky Hillman, Lead Learning Mentor – Honilands Primary School

TRANSITION

In year 6 children will be preparing for the start of secondary school. This programme aims to develop the key skills that children will need during secondary school and throughout their adult lives. We help to improve confidence, organisation and communication skills. We also teach them how to identify issues and how to resolve them in the most suitable way.

KEY STAGES 1 AND 2 SCHOOL BASED PROGRAMMES

HEALTHY LIVING

Throughout this programme participants are given key healthy living messages that they can then take away and apply to their everyday lives. Children will design their own healthy menu, identify and link everyday foods to food groups, learn how to use an Eatwell plate and understand the importance of a balanced diet and regular physical activity.

PRIMARY ENTERPRISE

Based on our secondary focused Enterprise Academy programme targeting Key Stages 3 and 4, primary enterprise allows students to understand and demonstrate tasks that contribute to the decisionmaking and successful running of a professional Football Club. We teach students key business concepts including creating a brand identity, choosing a location, identifying local stakeholders and the impact of a new business alongside financial planning. These activities are linked directly to the National Curriculum through literacy, numeracy, geography, citizenship, presentation and teamwork skills.



KEY STAGES 1 AND 2 STADIUM BASED WORKSHOPS

We offer a range of innovative, exciting and engaging workshops at the Spurs Learning Zone which is based at White Hart Lane. It is a state of the art ICT suite, fully equipped with digital video editing, podcasting equipment, an interactive whiteboard and 30 computers.

The development of this purpose built space means that we are able to accommodate school groups and work with more partners to improve the educational outcomes of an increasing amount of children and young people in the community.

As part of all our stadium workshops there is the chance to see behind the scenes at the famous White Hart Lane Stadium, home of Tottenham Hotspur Football Club.

All of our workshops are two hours in duration and link directly to the National Curriculum to provide the best resources, teaching staff and outcomes. We also offer a stadium tour as part of the experience.

Some of our most popular workshops:

MATHS TRAIL

This workshop demonstrates the importance of numeracy skills within everyday activities from paying for shopping in a supermarket to calculating train times and journey lengths. Pupils have the use of our Premier League stadium to work their way around whilst completing various numeracy tasks.

BLACK HISTORY MONTH

Throughout this workshop we highlight the history and development of black footballers within the English game whilst considering different stages in history. Each workshop includes innovative activities based on researching black players, interactive quizzes and fun group challenges.

STORYTELLING

Through this workshop students are encouraged to create their own stories and interactive storytelling activities using the setting of White Hart Lane Stadium as their inspiration. These activities are designed to enhance their literacy and speaking skills. Students are encouraged to use their imagination and explore these topics using a wider vocabulary.

LOCAL HISTORY WORKSHOP

This workshop is designed to teach students about the history of Tottenham and Tottenham Hotspur Football Club. We emphasise the importance of understanding the history of their local community and respecting the area along with the impact the Football Club has locally.

HEALTHY LIVING

In this workshop we highlight the importance of a balanced diet with an emphasis on a good breakfast. Students learn how to ensure a balanced diet in relation to the different food groups. We encourage healthy lifestyles through an increased knowledge of balanced nutrition and physical activity.



ENTERPRISE ACADEMY

We offer a Business and Enterprise course which is fully accredited by the Oxford, Cambridge and RSA Examinations Exam Board(OCR). It is designed to enhance their understanding and practical application of business and enterprise skills. The course consists of 10 units which use Tottenham Hotspur Football Club as a central theme to explore various aspects and topics that include customer service, organisational charts, finance, marketing and advertising. There is an additional section unique to our programme called 'You are the Chairman'. Students are presented with a number of dilemmas such as setting transfer budgets, investigating the effects of increasing season ticket prices and choosing sponsorship deals. They need to make decisions based on information provided to them and their own knowledge and business, finance, marketing and enterprise.



"The enterprise programmes have extended the learning opportunities and experiences offered to many of our students, as well as broadening their understanding of the world in which they live"

Stephanie Benbow, Head Teacher at St Mary's C of E School, Cheshunt.

KEY STAGES 3 AND 4 STADIUM BASED WORKSHOPS

KICK AND COOK

We offer a well-established and approved License to Cook programme which provides students with cooking, hygiene and budgeting skills, which are essential for healthy living and life skills. Students engage in theoretical and practical sessions teaching them the importance of good nutrition and specifically, breakfast. Students cook a Tottenham Hotspur first team players' favourite balanced meal from scratch in the White Hart Lane Stadium kitchens. Students also develop their communication skills and learn to work effectively in teams. The programme is in collaboration with Sainsbury's in Tottenham. On successful completion of the course, students receive a personalised chef white, a Kick and Cook folder, a Kick and Cook bag for life and a certificate of congratulations.

"My son has been inspired and has really enjoyed the Kick and Cook programme. The food he has cooked has been great and it's now hard to keep him out of the kitchen. He has been able to give me lots of helpful advice too."

Kim Price, parent of Kick and Cook participant.

BUSINESS STUDIES WORKSHOPS

These workshops focus on the business aspect of Tottenham Hotspur Football Club and how football, as an industry, has become increasingly commercialised over time. Students engage in interactive quizzes and compare the industry of football over the years through multi-media. The workshop encourages students to develop their business skills and equips them for Key Stages 4 and 5 Business Studies courses.

"The tutor was interesting and knowledgeable. The background information given along with the exercises were useful and engaging"

A. Georgiou, Head of Business Studies, Edmonton County

THFC: TRANSITIONAL HELP FOR COMMUNITIES

The programme works with young people who have a learning and/or physical disability to improve communication and life skills which will provide them with confidence to tackle transition periods throughout their life. We do this through providing educational sessions based on communication, team work, leadership, health and safety, personal hygiene, presentation skills, and healthy nutrition. The group also engage with 30 minutes of physical activity and multi-sports each week to boost their activity levels.

"The course was excellent and well presented by Tottenham Hotspur Foundation. Although difficult, every effort was made to include all young people. As a result, their confidence increased week by week. Well done! I personally really enjoyed the whole course."

Tony Braham, Support Worker, Cheviots Children's Centre.

HARINGEY TRANSITION PROJECT

Through this programme we support young people with autism and complex health needs who are in care and returning to the North London area. Participants will engage in a range of educational and physical activities to tackle worries around transition they are currently facing, these skills can later be applied throughout their adult lives. They will be encouraged to participate in simple sports and life skills activities and undertake various visits to local organisations, including education and day care providers, local leisure facilities and, where appropriate, to spend time with their family and friends. This boosts self-esteem and confidence and to help them to deal with difficult situations they may face.

In addition to the above, we are able to offer support and develop individual programmes which meet the specific needs of your students, staff and school.

BREAKFAST, LUNCHTIME, AFTER-SCHOOL, HOLIDAY AND SATURDAY MORNING CLUBS.

We offer sports clubs out of school curriculum times to support and enhance the current provision offered. Clubs can either focus on football or multi-sports activities. For Key Stage 1 we operate a 1:8 ratio (coaches to pupils) and a 1:16 ratio for Key Stage 2. Schools need to provide appropriate facilities i.e. field, playground or hall etc., to allow the sessions to run. Pupils will consolidate existing sports skills and learn new ones while gaining a greater knowledge of games, communication skills and team working skills. For breakfast clubs, pupils will also learn the importance of breakfast and the positive affect it has on their concentration, health and fitness both mentally and physically.



"It was a great week and I will definitely recommend that we run this extended services provision at the school again"
Mariette Faure, School Teacher.

We also offer education at Further and Higher levels. Through the education provision offered to younger ages, we encourage and stimulate young people to continue their education and skills and where possible signpost to further opportunities with the ultimate aim to increase employability. As a result, we offer a learning pathway from Key Stage 1 to Higher Education.

APPRENTICESHIPS

We offer young people who are not in education, employment or training (NEET) training and education opportunities. Apprentices are enrolled onto an NVQ Level 2 in Activity Leadership in Multisports where they will attend Southgate College one day a week. Apprentices are also required to undertake 22 hours of practical delivery a week to support coaching staff and sessions that we deliver.

EDUCATION AND FOOTBALL DEVELOPMENT CENTRES

Our Education and Football Development Centres link football theory, Academy standard coaching and affiliated league and cup competitions with a range of academic studies for learners aged between 16 and 19 years. Male and female learners of varying abilities and from a wide variety of ethnic and social backgrounds can enrol on full-time BTEC level 2 or 3 courses.

FDA APPLIED SPORT AND COMMUNITY DEVELOPMENT WITH MIDDLESEX UNIVERSITY

This is an exciting opportunity for students to study and experience the sport and community sector whilst working at a Premier League Football Club, the first to be offered by such an organisation. Students will be taught by professionals currently working in the field of sport and community development at a high level. Students will also learn skills in marketing and management of sport, equal opportunities within sport and physical activity, professional skill development, research methods and coaching skills. Students also complete two placements where they will coach a range of different activities to diverse communities across North London.

For up to date information on other courses including new Foundation Degrees please visit the website. www.tottenhamhotspur.com/foundation

CONTACT US

Costs are determined by the number of students, length of programme, facilities, resources and the number of packages purchased.

If you are interested in any of the programmes featured in this booklet, please contact us on the details below.

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Tottenham Hotspur Foundation
is committed to providing the best sports,
health, training and education programmes
for all our communities; creating opportunities,
encouraging enterprise and innovation,
promoting social cohesion
and enhancing life skills.

