CHELSEA FC

EFDN CONFERENCE – CHELSEA CHAMPIONS

27 MARCH 2019
‘THERE IS NO HEALTH WITHOUT MENTAL HEALTH’

GOV.UK
The Chelsea Champions Programme is a Premier League funded project. 5 full time members of staff are based within 5 Secondary Schools; Chelsea Academy, Pimlico Academy, Fulham Trust Academy, Thomas Bennett Community College and Clacton Coastal Academy.

The programme aims to:

- Develop initiatives and interventions to improve young people’s emotional well-being and resilience.

- Increase access and support to CFCF’S core funded programmes.
Aim of the Chelsea Champion’s:

- To embed themselves within school life, accessing all variances of student.
- Work collaboratively with pastoral and behavioural leads in each school.
- Identify initiatives that help build capacity in young people, ensuring that the correct young person is paired with the right activity to improve emotional well being.
- Be the central point of contact for all CFCF’s programmes and enhance relationships with local authority, youth services and mental health teams.
- Provide an open door policy for young people and support them to overcome personal barriers at home, in the community or at school.
- A Chelsea Champion is to be a trusted adult that students can approach and receive support, guidance and advice from at any given time throughout their education.
Through the use of MSc (MSc Mental Health and Wellbeing in Education) research and practice, the Chelsea Champions Programme embeds a range of Positive Psychology Interventions to support the diverse needs of young people.
AGENDA – BREAK OUT SESSION

- Ice Breaker
- Chelsea Champion Presentation

Carousel Sessions: Student Led

- Scholars Programme/Social Media Impact – MOTD Event
- Mentoring Initiatives/Emotional Wellbeing/Resilience Schemes/Outcomes/Strategies
- Youth Voice/Core Funded Programmes/CFCF Engagement