COMMUNITY ENGAGEMENT
- 750 free tickets given out in the community
- 29 volunteers have supported our programmes
- 318 free books given away to children and families as part of world book day
- 360 player visits
- Supported 13 volunteers to gain qualifications

HEALTH & WELLBEING
- 218 participants took part in NTFC CT Men’s Health programmes
- 129 participants took part in Man v Fat and Fitter Fans courses
- 739.4kg lost by participants taking part in Man v Fat and Fitter Fans courses
- 64 participants lost 5% or more of their starting weight through programmes
- A further 16 participants lost 10% or more of their starting weight through programmes
- 89 participants took part in our mental health football sessions (St Andrews, Berrywood, Redwell)
- 6 participants with a diagnosed mental health condition gained a qualification as part of our St Andrews Healthcare sessions
- 25 participants took part in our drug and alcohol recovery football sessions

DISABILITY AND INCLUSION
- 402 participants took part in disability sessions in 2018-19
- 51 participants engaged through Walking Football programme
- An additional 200 participants took part in our annual disability festival
- 35 participants engaged through Extra Time Hubs project

SPORTS PARTICIPATION
- 217 girls took part in the Premier League Girls programme
- 56 girls took part in football for the first time
- 80% of girls taking part in the programme reported they now feel more confident to play football
- 838 unique participants attended our Holiday Courses
- 120 girls taking part in regular competitive football each week through NTFC CT teams

EDUCATION
- 900 pupils took part in the Premier League Primary Stars programme
- 83% of pupils noted an increase in enjoyment and confidence of literacy based work
- 15 teachers supported to improve their confidence in PE
- 70% of teachers supported stated they felt more confident using skills to engage and challenge all pupils to progress
- 6 NEET participants aged 16-18 engaged in traineeship programmes
- 2 people moved into paid work after completing an employability course
- 313 literacy or numeracy based sessions delivered in primary schools
- 83 interventions delivered to support pupils well-being, behaviour, resilience and growth mindset
- 55 schools supported in Northamptonshire in 2018/2019

OUR PARTNERS:
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