

## Real Betis

Fidel Plaza García – Real Betis Foundation

A doctor by profession, he has always played football with his friends, even in a league between several teams in the city. He stopped playing football because of work.

He heard about walking football from his son, who is a season ticket holder of the Club and who had seen the recruitment of new players on social media.

He went on to talk about his own reasons for enjoying the sessions saying, “It’s got me back into football, something I enjoy and it’s the good atmosphere and banter really which keeps me coming back.”

For me, the experience was short as I would have liked to stay longer. Now I am still playing walking football with another team that we have recently created, and we hope to play for a long time.